



Key Words in PSHE & RE

EYFS	<p><u>In EYFS, we expect children to understand and use the following words or their associated meanings:</u></p> <p>Unique, Emotions, Sharing, Teamwork, Gentle hands, Responsibility, Favourite, Unique, Same, Different, Kind, Unkind, Challenges, Achieve, Goals, Future, Exercise, Heart, Breath, Skin, Food, Sleep, Germs, Strangers, Family, Jobs, Smiles, Kind hands, Resolution, Negativity, Positivity, Feelings, Body parts, Eye, Ear, Knee, Finger, Foot, Mouth, Nose, Stomach, Eyebrow, Arm, Tongue, Toe, Forehead, Chest, Hand, Leg, Respect, Healthy, Change, Growing up, Nervous, Scared, Excited</p>					
Term	Autumn		Spring		Summer	
Reception	<u>My Feelings</u> feelings, emotions, facial expression, regulate, dysregulate	<u>Special Relationships</u> family, valuable, special, unique, different	<u>Challenges</u> rules, right, wrong fair, challenge	<u>Instructions</u> listening, honesty, truth, feelings, understand	<u>My Family and Friends</u> festival, religion, belief, tradition, friendship	<u>My Wellbeing</u> exercise, movement, healthy, safety, energy
Year 1	<u>Family and Relationships</u> emotions, family, feelings, behaviour, stereotype	<u>Health and Wellbeing</u> emotions, feelings, allergies, germs, ill	<u>Safety</u> safety, emergency, accident, hazards, trust	<u>Citizenship</u> different, fair, similar, democracy, vote	<u>Economic Wellbeing</u> bank, money, spend, save, value	<u>The Changing Body</u> physical contact, respect, trust, role, polite
Year 2	<u>Family and Relationships</u> emotions, stereotype, behaviour, care, problem	<u>Health and Wellbeing</u> germs, ill, allergies, relax, hygiene	<u>Safety</u> safety, trust, traffic, medicine, pedestrian,	<u>Citizenship</u> vote, rules, environment, election, opinion	<u>Economic Wellbeing</u> bank, save, spend, priority, government	<u>The Changing Body</u> private, secret, penis, testicles, vagina

Year 3	<u>Family and Relationships</u> stereotype, trust, empathy, sympathy, bullying	<u>Health and Wellbeing</u> resilience, balance , belonging, barriers , identity	<u>Safety</u> allergic , anaphylaxis , casualty, injuries, First Aid	<u>Citizenship</u> democracy, charity, human rights , community , consequence	<u>Economic Wellbeing</u> stereotypes, spend, save, budget , bank account	<u>The Changing Body</u> penis, testicles, vagina, private boundaries
Year 4	<u>Family and Relationships</u> boundaries, permission , authority , bereavement, bystander	<u>Health and Wellbeing</u> resilience, emotion, mental health , visualise, emotion, Fluoride	<u>Safety</u> first Aid, Asthma , tobacco, airways , lungs	<u>Citizenship</u> human rights, community, environment, government , diversity	<u>Economic Wellbeing</u> value, bank account, aspiration , influences , security	<u>The Changing Body</u> testicles, puberty , physical changes , genitals , breasts
Year 5	<u>Family and Relationships</u> bystander, marriage , attributes , bullying , wedding	<u>Health and Wellbeing</u> responsibility, aspirations, relaxation , stress attributes	<u>Safety</u> first aid, casualty, minor , infection , shock	<u>Citizenship</u> human rights, government, justice , parliament , MP	<u>Economic Wellbeing</u> stereotypes, income , expenditure , borrowing , risk	<u>The Changing Body</u> puberty, physical changes, genitals, breasts, testicles, menstruation
Year 6	<u>Family and Relationships</u> stereotypes, conflict , respect , resolve , grief	<u>Health and Wellbeing</u> resilience, mental health, immunisation , antibodies , mindfulness	<u>Safety</u> alcohol dependency, airways, obstruction, lungs, back blow	<u>Citizenship</u> human rights, democracy, diversity , prejudice , discrimination	<u>Economic Wellbeing</u> money management, finance, gambling, earnings, expenses	<u>The Changing Body</u> puberty, physical changes, conception , pregnancy , birth