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Headteacher: Mr W Myers BA (Hons) PGCE NPQH
Chair of Governors: Mrs A Nicholson BA (Hons) MA NPQH

Friday 7th March 2025

Dear parents / carers

Heights and Weights Check for children in Reception and Year 6 2025/2026

On Wednesday 26th March 2025 in the morning, the Children's Public Health Team from North Tyneside Council will attend our school to measure the height and weight of our Reception and Year 6 pupils. I attach a copy of a letter from the Team outlining why and how checks are carried out.

If you are happy for your child to be measured, you do not need to do anything.

If you do not want your child's height and weight to be checked or your child has a medical condition affecting this, please contact the school office so their name can be added to the "opt out" list. Alternately, contact the Heights and Weights Team direct – the contact details are on the second page of the attached letter.

Best wishes,

Office Team

