

Website: www.richardson-dees.eschools.co.uk
Email: office@rdees.org.uk
Telephone: 0191 263 8139
High Street East
Wallsend
Tyne and Wear
NE28 7RT



Headteacher: Mr W Myers BA (Hons) PGCE NPQH Chair of Governors: Mrs A Nicholson BA (Hons) MA NPQH

Friday 13th September 2024

Dear parent / carer,

Bikeability – Level 2 Monday 23rd and Tuesday 24th October 2024

We have been offered the opportunity for our Year 5 and 6 pupils to undertake the Bikeability Level 2 course FREE on the above dates.

What will your child learn?

Level 2 Bikeability takes place on local streets, giving pupils a real cycling experience. Pupils will be taught how to deal with traffic on short journeys such as cycling to school. Learning outcomes are:

- Start and finish a journey by road, including passing parked or slower moving vehicles and side roads, making U-turns
- Identify and react to hazards in the road and signal your intentions to other road users when someone needs to know what you're doing
- Understand where to ride on the road, use junctions, including turning left and right into major and minor roads
- Decide whether a cycle lane will help your journey and use the Highway Code, particularly when it comes to understanding road signs

What does your child need to take part?

- A bike in a safe and roadworthy condition with two working brakes
- A cycle helmet and appropriate clothing for the weather. Please indicate on the consent form below if
 you have a cycle helmet. For any child that does not have one, school will provide one using our PE
 Premium funding for use during the course. Appropriate clothing for the weather should be worn and
 sunscreen applied if the weather is warm.



















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<u>BIKEABILITY – LEVEL 2</u> <u>Monday 23rd October and Tuesday 24th October 2024</u> <u>Year 5 and 6 pupils</u>

Name of Child
Class
☐ I wish for my child to take part in the Bikeability Level 2 course
Please tick one of the 2 options below :
☐ I confirm that my child has an appropriate helmet for the training
☐ I would like the school to provide a helmet for my child
Does your child have any medical condition, or any additional needs, which could affect their participation i this training?
Signed Date















