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Headteacher: Mr W Myers BA (Hons) PGCE NPQH  
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Tuesday 29<sup>th</sup> April 2025

## Nursery Swimming

Dear parents / carers,

We are very excited to offer you and your child the opportunity to attend some free Duckling Swimming sessions at Hadrian Leisure Centre, Wallsend. Details are as follows:

- Every Thursday starting 15<sup>th</sup> May 2025 until 12<sup>th</sup> June 2025 (except for 29<sup>th</sup> May 2025)
- Leaving nursery at 10.00am.
- Duckling session is 10.30am – 11.00am at Hadrian Leisure Pool
- Children need to be accompanied 1-1 in the water with an adult aged over 18

This is a free session with places for 12 children. If more children sign up for a place, then children will attend half each at two weeks per child.

Children need to be dropped off at nursery at the normal time of 8.45am. Parents will need to arrive at school at 10.00 am using the usual nursery entrance. Staff will then walk to Hadrian Leisure Pool all together with parents and their child. After the session, parents are free to take their children straight home.

*Physical development is a vital part of the Prime Areas of Learning in the EYFS. Children can begin to understand the importance of a healthy diet, good health practices and keeping fit! Swimming enables children to start to build their confidence in water, building the beginnings of a lifelong love of water. We believe that the first experiences during a child's early years of water and the pool environment should be positive, fun and memorable. Swimming, like other types of physical activity and sport, can positively improve children's overall health and wellbeing.*

If you would like to attend, please can you fill out the form below and **return no later than Tuesday 6<sup>th</sup> May 2025.**

Many thanks,

Mrs Whitlie, Nursery Teacher

Mrs Nichol, Teaching Assistant

Child's Name \_\_\_\_\_

My child will be accompanied by an adult over the age of 18 for the four weeks of **Duckling Swimming**

Signed \_\_\_\_\_ Name & Relationship to Child: \_\_\_\_\_

Name & Relationship to Child of Adult Accompanying (if different to above):  
\_\_\_\_\_

