

# Medium Term Planning

# Year 1

# Autumn 2025 First Half Term



### English Mathematics

This half-term, children will explore a range of traditional and modern nursery rhymes. They will orally rehearse rhymes and use Colourful Semantics to write simple labels and captions. Key writing skills include:

- Using capital letters and full stops
- Separating words with spaces
- Adding adjectives to sentences

Children will take part in daily Power Phonics sessions to:

- Decode unfamiliar words using taught GPCs
- Read common exception words
- Respond guickly to graphemes for all 40+ phonemes

They will also practise spelling Year 1 common exception words and develop handwriting with a focus on curly caterpillar and long ladder letter families.

This half-term, we will focus on consolidating and extending children's understanding of place value up to 10. Children will practise counting, reading, and writing numbers, starting from any number and counting forwards and backwards. They will learn to find one more and one less, compare groups of objects using terms like *greater*, *fewer*, and *equals*, and use symbols such as <, >, and = to compare numbers. Children will also use number lines and become familiar with ordinal numbers (e.g. 1st, 2nd). As a foundation for addition and subtraction, we will begin to explore the concept of parts and wholes, helping children understand how numbers can be broken down and combined.

### Art & Design

This half-term, children will explore drawing as a way to develop and share their ideas, experiences, and imagination. They will experiment with line, shape, colour, pattern, texture, form, and space, using pencils to explore value and improve control and precision. Children will learn to use scissors safely and accurately, compare and evaluate different artworks, and begin to describe art using appropriate vocabulary. They will also learn about the work of various artists, craft makers, and designers, identifying similarities and differences and making links to their own creations. Activities will include drawing doodle art, rainbows, and mountain scenes, encouraging creativity and emotional expression.

# Computing

In this medium-term plan on <u>E-Safety</u>, children will learn about the importance of staying safe online. They will understand where to go for help and support when they have concerns about the content they encounter or the people they interact with on the internet or other online platforms. The plan will cover topics such as identifying safe and trustworthy websites, recognising, and reporting inappropriate content or behaviour, and knowing who to approach for advice and assistance. The aim is to equip children with the knowledge and confidence to navigate the digital world safely and responsibly.

### **Design & Technology**

This term, children will learn about fruits and vegetables as part of our cooking and nutrition focus. They will describe the basic characteristics of a variety of fruits and vegetables and explain how to identify whether something is a fruit or a vegetable. Children will explore where different fruits and vegetables grow and learn how to prepare them safely and hygienically. As a practical outcome, they will make a smoothie using a selection of fruits and vegetables, developing their cutting, peeling, and mixing skills.

# Geography

In this medium-term plan on <u>Geographical Skills & Fieldwork</u>, children will focus on exploring and understanding their school community. They will start by asking simple geographical questions, such as "What is it like to live in this place?" Using basic observation skills, children will study the geography of the school and its surroundings. They will also learn to use simple maps of the local area, including large-scale and pictorial maps. The plan will involve practicing location and directional language, such as near and far, left, and right, to describe the position of features and routes. Additionally, children will create simple maps and plans, like a pictorial representation of a place in a story. They will also be introduced to basic compass directions, including north, south, east, and west, to help them describe locations accurately.

#### History

Our History learning journey will continue next half term

#### Music

In this medium-term plan, children will explore music using untuned instruments, focusing on the Charanga programme's "Hey You" unit. They will learn to play a variety of percussion instruments, such as tambourines, maracas, and hand drums, to create rhythms and beats. The plan will guide children in understanding basic musical concepts like tempo, rhythm, and dynamics, while encouraging them to listen and respond to different musical elements. By participating in group activities and performances, children will develop their coordination,

timing, and ability to work together as an ensemble. The aim is to foster a love for music and build confidence in playing and performing with untuned instruments.

# Personal Social Health & Citizenship Education (PSHCE)

This half-term, children will develop their balance, agility, and coordination through gymnastics. They will explore a range of movements including:

- Travelling in different ways (e.g. tiptoe, step, jump, hop)
- Performing basic jumps (e.g. straight, tuck, jumping jack)
- Practising rolls such as log roll, egg roll, and teddy bear roll
- Balancing on different body parts with control
- Creating and performing short movement sequences

Children will also learn how their bodies feel before, during, and after exercise, and how to use equipment safely. These activities support physical confidence, teamwork, and creativity.

# **Physical Education (PE)**

This half-term, we will focus on learning how to play team games and developing our teamwork skills. Children will engage in various group activities that promote cooperation and communication. Additionally, we will visit the woods for outdoor education, where children will have the opportunity to explore nature, participate in outdoor challenges, and apply their teamwork skills in a natural setting. This hands-on experience will help them build confidence, foster a love for the outdoors, and enhance their ability to work effectively as part of a team.

### **Religious Education (RE)**

In Autumn 1, our focus will be on the question, "How did the world begin?" Children will explore a variety of creation stories through imaginative activities, presenting their own ideas about creators and creation using art and language. They will examine how different creation stories help people understand concepts of God and spirituality. By engaging in creative projects and discussions, children will gain insights into the diverse ways people view the origins of the world and the nature of these beliefs.

### Science

This half-term, children will learn to identify and name a variety of common animals including fish, amphibians, reptiles, birds, and mammals. They will explore the diets of carnivores, herbivores, and omnivores, and sort animals into groups based on similarities and differences. Through observation and discussion, children will describe and compare the physical features and structures of different animals, including pets. They will also learn to recognise characteristics specific to each animal group and understand that there are different ways to gather and record scientific data.