



## Key Words in PSHE & RSE

<p><b>EYFS</b></p>	<p><u>In EYFS, we expect children to understand and use the following words or their associated meanings:</u></p> <p>Unique, Emotions, Sharing, Teamwork, Gentle hands, Responsibility, Favourite, Unique, Same, Different, Kind, Unkind, Challenges, Achieve, Goals, Future, Exercise, Heart, Breath, Skin, Food, Sleep, Germs, Strangers, Family, Jobs, Smiles, Kind hands, Resolution, Negativity, Positivity, Feelings, Body parts, Eye, Ear, Knee, Finger, Foot, Mouth, Nose, Stomach, Eyebrow, Arm, Tongue, Toe, Forehead, Chest, Hand, Leg, Respect, Healthy, Change, Growing up, Nervous, Scared, Excited</p>					
<p><b>Term</b></p>	<p><b>Autumn</b></p>		<p><b>Spring</b></p>		<p><b>Summer</b></p>	
<p><b>Reception</b></p>	<p><u>My Feelings</u></p> <p>feelings emotions facial expression regulate dysregulate</p>	<p><u>Special Relationships</u></p> <p>family valuable special unique different</p>	<p><u>Challenges</u></p> <p>rules right wrong fair challenge</p>	<p><u>Instructions</u></p> <p>listening honest truth feelings understand</p>	<p><u>My Family and Friends</u></p> <p>festival religion belief tradition friendship</p>	<p><u>My Wellbeing</u></p> <p>exercise movement healthy safety energy</p>
<p><b>Year 1</b></p>	<p><u>Family and Relationships</u></p> <p>emotions family feelings behaviour stereotype</p>	<p><u>Health and Wellbeing</u></p> <p>emotions feelings allergies germs ill</p>	<p><u>Safety</u></p> <p>safety emergency accident, hazards trust</p>	<p><u>Citizenship</u></p> <p>different fair similar democracy vote</p>	<p><u>Economic Wellbeing</u></p> <p>bank money spend save value</p>	<p><u>The Changing Body</u></p> <p>physical contact respect trust role polite</p>

<b>Year 2</b>	<u>Family and Relationships</u> emotions stereotype behaviour <b>care</b> <b>problem</b>	<u>Health and Wellbeing</u> germs ill allergies <b>relax</b> <b>hygiene</b>	<u>Safety</u> safety trust <b>traffic</b> <b>medicine</b> <b>pedestrian</b>	<u>Citizenship</u> vote rules <b>environment</b> <b>election</b> <b>opinion</b>	<u>Economic Wellbeing</u> bank save spend <b>priority</b> <b>government</b>	<u>The Changing Body</u> <b>private</b> <b>secret</b> <b>penis</b> <b>testicles</b> <b>vagina</b>
<b>Year 3</b>	<u>Family and Relationships</u> stereotype trust <b>empath</b> <b>sympathy</b> <b>bullying</b>	<u>Health and Wellbeing</u> resilience <b>balance</b> <b>belonging</b> <b>barriers</b> <b>identity</b>	<u>Safety</u> <b>allergic</b> <b>anaphylaxis</b> <b>casualty</b> <b>injuries</b> <b>First Aid</b>	<u>Citizenship</u> democracy <b>charity</b> <b>human rights</b> <b>community</b> <b>consequence</b>	<u>Economic Wellbeing</u> stereotypes spend save <b>budget</b> <b>bank account</b>	<u>The Changing Body</u> penis testicles vagina private <b>boundaries</b>
<b>Year 4</b>	<u>Family and Relationships</u> boundaries <b>permission</b> <b>authority</b> <b>bereavement</b> <b>bystander</b>	<u>Health and Wellbeing</u> resilience emotion <b>mental health</b> <b>visualise</b> emotion <b>Fluoride</b>	<u>Safety</u> First Aid <b>Asthma</b> <b>tobacco</b> <b>airways</b> <b>lungs</b>	<u>Citizenship</u> human rights community environment <b>government</b> <b>diversity</b>	<u>Economic Wellbeing</u> value bank account <b>aspiration</b> <b>influences</b> <b>security</b>	<u>The Changing Body</u> testicles <b>puberty</b> <b>physical changes</b> <b>genitals</b> <b>breasts</b>
<b>Year 5</b>	<u>Family and Relationships</u> bystander <b>marriage</b> <b>attributes</b> <b>bullying</b> <b>wedding</b>	<u>Health and Wellbeing</u> responsibility aspirations <b>relaxation</b> <b>stress</b> <b>attributes</b>	<u>Safety</u> First Aid casualty <b>minor</b> <b>infection</b> <b>shock</b>	<u>Citizenship</u> human rights government <b>justice</b> <b>Parliament</b> <b>MP</b>	<u>Economic Wellbeing</u> stereotypes <b>income</b> <b>expenditure</b> <b>borrowing</b> <b>risk</b>	<u>The Changing Body</u> puberty physical changes genitals breasts testicles <b>menstruation</b>
<b>Year 6</b>	<u>Family and Relationships</u> stereotypes <b>conflict</b> <b>respect</b> <b>resolve</b> <b>grief</b>	<u>Health and Wellbeing</u> resilience mental health <b>immunisation</b> <b>antibodies</b> <b>mindfulness</b>	<u>Safety</u> <b>alcohol</b> <b>dependency</b> <b>airways</b> <b>obstruction</b> <b>lungs</b>	<u>Citizenship</u> human rights democracy diversity <b>prejudice</b> <b>discrimination</b>	<u>Economic Wellbeing</u> <b>money management</b> <b>finance</b> <b>gambling</b> <b>earning</b> <b>expenses</b>	<u>The Changing Body</u> puberty physical changes <b>conception</b> <b>pregnancy</b> <b>birth</b>

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