



Careers Programme 2025-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Explore 1	Explore 2	Explore 3	Explore 4	Explore 5	Explore 6
Reception	Explore 1	Explore 2	Explore 3	Explore 4	Explore 5	Explore 6
Year 1	Explore 1	Understand	Explore 2	Understand	Explore 3	Understand
Year 2	Explore 4	Understand	Explore 5	Understand	Explore 6	Understand
Year 3	Explore 1	Understand	Experience	Explore 2	Understand	Experience
Year 4	Explore 3	Understand	Experience	Explore 4	Understand	Experience
Year 5	Explore 5	Understand	Experience	Explore 6	Understand	Experience
Year 6	Explore, Understand, Experience: All Sectors					

Explore: Introduce, discuss, follow pupil interest, research.

Understand: Invite people from the World of Work into school, careers focused activities, careers-based visits.

Experience: Engage in activities which give an insight into the world of work e.g. school-based restaurant, cinema, supermarket, tours for prospective parent/carers.

Whole School: **Explore**

KS1 & KS2: **Explore Understand**

KS2: **Explore Understand Experience**

Sector 1: Animals & The Natural world

Sector 2: Media, Music & The Arts

Sector 3: Retail, Travel & Tourism

Sector 4: Public Service, Health & Wellbeing, Helping Others

Sector 5: STEM

Sector 6: Sports & Leisure

* Career-Related Lessons to take place every half term on the afternoon following Science Morning.

** The *Understand* and *Experience* stages do not need to link with the *Explore* stages and may take part outside of the allocated afternoon.

*** There is no plan for progression in the first year of the programme. This will be considered as we move into the second year and reflect.