

How we embed British Values into our Physical Education Curriculum

Democracy

Our PE curriculum promotes democracy by giving pupils opportunities to share ideas, make choices, and take on leadership roles within lessons and sporting activities. Children work collaboratively in teams, vote on decisions such as game tactics or activities, and learn the importance of listening to the views of others.

Individual Liberty

Our PE curriculum encourages pupils to develop confidence, independence, and resilience. Children are given opportunities to challenge themselves, make choices about their participation, and set personal goals. Through a supportive environment, pupils feel safe to express themselves, take risks in their learning, and develop self-belief while understanding the importance of making responsible decisions.

Mutual Respect & Tolerance

Respect is embedded throughout PE lessons and sporting experiences. Pupils learn to work cooperatively with others, value teamwork, and encourage their peers regardless of ability or experience. Our children are taught to celebrate effort and achievement, listen respectfully to others, and demonstrate kindness, fairness, and positive behaviour in both competitive and non-competitive activities. Our PE curriculum provides opportunities for pupils to learn about and appreciate diversity within sport and physical activity.

Rule of Law

Our PE lessons help pupils understand the importance of rules, fairness, and responsibility. Children learn to follow instructions, respect the rules of games, and recognise why rules are necessary to keep everyone safe and ensure activities are fair and enjoyable. Pupils also develop good sportsmanship by learning how to win and lose respectfully and resolve disagreements positively.

