



## Key Words in PSHE & RSE

| Term          | Autumn  |   | Spring   |  | Summer  |   |
|---------------|---|---|--|--|---|---|
| <b>Year 1</b> | <u>Family and Relationships</u><br><br>emotions<br>family<br>feelings<br><b>behaviour</b><br><b>stereotype</b>    | <u>Health and Wellbeing</u><br><br>emotions<br>feelings<br><b>allergies</b><br><b>germs</b><br>ill                        | <u>Safety</u><br><br>safety<br><b>emergency</b><br><b>accident,</b><br><b>hazards</b><br><b>trust</b>                | <u>Citizenship</u><br><br>different<br>fair<br><b>similar</b><br><b>democracy</b><br><b>vote</b>                       | <u>Economic Wellbeing</u><br><br><b>bank</b><br><b>money</b><br><b>spend</b><br><b>save</b><br><b>value</b> | <u>The Changing Body</u><br><br><b>physical contact</b><br><b>respect</b><br><b>trust</b><br><b>role</b><br><b>polite</b> |
| <b>Year 2</b> | <u>Family and Relationships</u><br><br>emotions<br>stereotype<br>behaviour<br><b>care</b><br><b>problem</b>       | <u>Health and Wellbeing</u><br><br>germs<br>ill<br>allergies<br><b>relax</b><br><b>hygiene</b>                            | <u>Safety</u><br><br>safety<br>trust<br><b>traffic</b><br><b>medicine</b><br><b>pedestrian</b>                       | <u>Citizenship</u><br><br>vote<br>rules<br><b>environment</b><br><b>election</b><br><b>opinion</b>                     | <u>Economic Wellbeing</u><br><br>bank<br>save<br>spend<br><b>priority</b><br><b>government</b>              | <u>The Changing Body</u><br><br><b>private</b><br><b>secret</b><br><b>penis</b><br><b>testicles</b><br><b>vagina</b>      |
| <b>Year 3</b> | <u>Family and Relationships</u><br><br>stereotype<br>trust<br><b>empath</b><br><b>sympathy</b><br><b>bullying</b> | <u>Health and Wellbeing</u><br><br>resilience<br><b>balance</b><br><b>belonging</b><br><b>barriers</b><br><b>identity</b> | <u>Safety</u><br><br><b>allergic</b><br><b>anaphylaxis</b><br><b>casualty</b><br><b>injuries</b><br><b>First Aid</b> | <u>Citizenship</u><br><br>democracy<br><b>charity</b><br><b>human rights</b><br><b>community</b><br><b>consequence</b> | <u>Economic Wellbeing</u><br><br>stereotypes<br>spend<br>save<br><b>budget</b><br><b>bank account</b>       | <u>The Changing Body</u><br><br>penis<br>testicles<br>vagina<br>private<br><b>boundaries</b>                              |

|                      |  |   |   |  |   |   |
|----------------------|--|---|---|--|---|---|
| <p><b>Year 4</b></p> | <p><u>Family and Relationships</u></p> <p>boundaries<br/> <b>permission</b><br/>           authority<br/>           bereavement<br/>           bystander</p> | <p><u>Health and Wellbeing</u></p> <p>resilience<br/>           emotion<br/> <b>mental health</b><br/>           visualise<br/>           emotion<br/>           Fluoride</p> | <p><u>Safety</u></p> <p>First Aid<br/> <b>Asthma</b><br/> <b>tobacco</b><br/> <b>airways</b><br/>           lungs</p>                                 | <p><u>Citizenship</u></p> <p>human rights<br/>           community<br/>           environment<br/> <b>government</b><br/> <b>diversity</b></p>   | <p><u>Economic Wellbeing</u></p> <p>value<br/>           bank account<br/> <b>aspiration</b><br/> <b>influences</b><br/> <b>security</b></p>      | <p><u>The Changing Body</u></p> <p>testicles<br/> <b>puberty</b><br/> <b>physical changes</b><br/> <b>genitals</b><br/> <b>breasts</b></p>                                      |
| <p><b>Year 5</b></p> | <p><u>Family and Relationships</u></p> <p>bystander<br/> <b>marriage</b><br/> <b>attributes</b><br/> <b>bullying</b><br/> <b>wedding</b></p>                 | <p><u>Health and Wellbeing</u></p> <p>responsibility<br/>           aspirations<br/> <b>relaxation</b><br/> <b>stress</b><br/> <b>attributes</b></p>                          | <p><u>Safety</u></p> <p>First Aid<br/>           casualty<br/> <b>minor</b><br/> <b>infection</b><br/> <b>shock</b></p>                               | <p><u>Citizenship</u></p> <p>human rights<br/>           government<br/> <b>justice</b><br/> <b>Parliament</b><br/> <b>MP</b></p>                | <p><u>Economic Wellbeing</u></p> <p>stereotypes<br/> <b>income</b><br/> <b>expenditure</b><br/> <b>borrowing</b><br/> <b>risk</b></p>             | <p><u>The Changing Body</u></p> <p>puberty<br/>           physical changes<br/>           genitals<br/>           breasts<br/>           testicles<br/> <b>menstruation</b></p> |
| <p><b>Year 6</b></p> | <p><u>Family and Relationships</u></p> <p>stereotypes<br/> <b>conflict</b><br/> <b>respect</b><br/> <b>resolve</b><br/> <b>grief</b></p>                     | <p><u>Health and Wellbeing</u></p> <p>resilience<br/>           mental health<br/> <b>immunisation</b><br/> <b>antibodies</b><br/> <b>mindfulness</b></p>                     | <p><u>Safety</u></p> <p><b>alcohol</b><br/> <b>dependency</b><br/> <b>airways</b><br/> <b>obstruction</b><br/> <b>lungs</b><br/> <b>back blow</b></p> | <p><u>Citizenship</u></p> <p>human rights<br/>           democracy<br/>           diversity<br/> <b>prejudice</b><br/> <b>discrimination</b></p> | <p><u>Economic Wellbeing</u></p> <p><b>money management</b><br/> <b>finance</b><br/> <b>gambling</b><br/> <b>earning</b><br/> <b>expenses</b></p> | <p><u>The Changing Body</u></p> <p>puberty<br/>           physical changes<br/> <b>conception</b><br/> <b>pregnancy</b><br/> <b>birth</b></p>                                   |